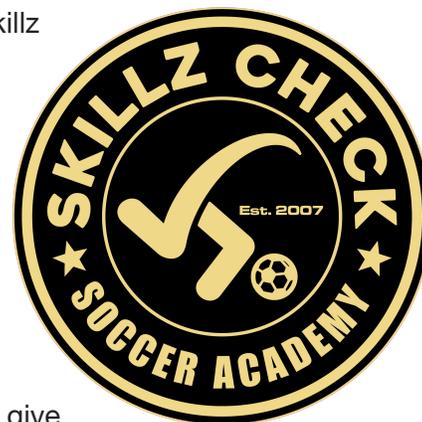

WELCOME

2021 RESIDENTIAL CAMP | AUGUST 1-5 | NEW HAMPTON SCHOOL

On behalf of our entire professional staff, we welcome you to the 2021 Skillz Check Residential Camp which is being held by our tremendous host, New Hampton School.

Since 2007, Skillz Check has been proud to provide professional training and the week-long residential camp has been a centerpiece of our programming. We were disappointed that we could not bring this opportunity to our players last year during the Covid-19 pandemic, so we are eager to make a triumphant return to New Hampton this summer.



We have carefully developed a schedule of training and activities that will give your child a **COMPLETE, MEANINGFUL** and **SAFE** soccer development experience.

Enclosed, please find information that your camper will need to be prepared for the five days that we have planned for you.

Camp Registration

Housing & Rooming Assignments

Food & Beverage

What to Bring

Sample Daily Camp Schedule

Location

Training Groups/Pods

Campus Safety

Frequently Asked Questions

Required Forms

Should you have any questions, please don't hesitate to contact me directly as we here at Skillz Check are committed to making soccer rewarding and fun.

Sincerely,

Mo Keita

Camp Founder & Director

mokeita@skillzcheck.com | 603-996-1294

CAMP SCHEDULE, REGISTRATION & COMMUNICATION

Our camp will begin on Sunday, August 1st with registration, check in and a half-day session.

For Overnight Players: Registration will be held from 10:00 a.m. to 12:00 p.m. Specific details about registration will be sent out along with dorm and roommate assignments.

For Day Camp Players: Day campers have the option of joining us for our first on-field session on Sunday afternoon or starting on Monday at 8:45 a.m. We will communicate directly with our day campers about their daily schedule.

Check out will take place on Thursday, August 5th at 3:00 p.m. Parents are welcome to arrive as early as 2:00 p.m. on that day to watch the final-day scrimmages and then to pick up their camper.

Following the completion of each day of camp, our staff will send out a daily email communication to all families. The email - which will be sent by support@skillzcheck.com - will include a summary of the day and an update on the camper experience. We hope that this daily communication will help keep families up to speed on the work and fun that their campers are experiencing. Please be sure to check your Junk or SPAM folders daily in case you don't receive the messages directly.

HOUSING & ROOMING ASSIGNMENTS

Campers will be housed in small residential halls that have the comforts of home. There will be specific male and female dormitories. All campers will be staying in rooms of either one or two campers per room. If you have a rooming request and have not sent that to us, please do so ASAP. It is our goal to make sure that all campers are comfortable during their stay. All campers will receive their room/roommate assignment prior to camp arrival. A preliminary list of items that you should plan to bring is below for your convenience.

TRAINING GROUPS AND PODS

All campers will be assigned to a training group/pod based on age and skill level. Players from the same team will be placed together. Each training group will be assigned a specific coach for the week. That coach will be responsible for overseeing the general training of the group. Players will experience different coaches throughout the week through station training and specialized technical sessions such as futsal, SAQ, etc. During the camp experience, player movement between groups might occur in order to ensure the best environment both from training and camper culture perspectives. Coach Mo Keita will work directly with coaches from start to finish to ensure that all players are placed appropriately.

OUR LOCATION

The New Hampton School is located in the Lakes Region of New Hampshire, 90 minutes north of Boston, nestled within the White Mountains. The 340-acre campus includes state of the art turf fields, a large field house for technical training and futsal, tennis courts, yoga and spin studio, freshwater pond for swimming, hiking trails, and theaters for movies and team meetings.

[Click here](#) to watch a video which will take you through a tour of the facility.

Many people ask why New Hampton School? Coach Mo Keita - who came up with the idea to expand Skillz Check to include a residential camp experience - was a student at New Hampton School and his experience there helped to shape his future career as a Division I student-athlete at the University of Rhode Island and a professional player both in the United States and internationally. The positive experience that he had at New Hampton inspired him to return to his alma mater. His close relationships with the staff at New Hampton has allowed Skillz Check to be welcomed as family every summer. He hopes that the positivity of the school and the beauty of the campus will inspire - much like it did for him - players to be achieve all of their goals both on and off

CAMPUS MAP

New Hampton School



LEGEND

- Residential Houses
 - Faculty Housing
 - Academic & Athletic Buildings
 - Health Center
 - Non-School Owned Building
 - Visitor Parking
 - ▲ Admission Parking
- Not Shown:
Berleigh Mountain, Palmed Field

RESIDENTIAL HOUSES

- 1 Veasey
- 2 Small
- 3 Lewis
- 4 Elbete
- 5 Draper
- 6 Moore
- 7 Gallely
- 8 Rice
- 9 O'Connor
- 10 Phillips
- 11 Lindsey
- 12 Caswell

CAMPUS BUILDINGS

- | | | | | |
|---|--|---|---|--|
| <p>Academic Resource Center (ARC)
College Counseling
Library
Master Classroom
Tech Integration</p> | <p>Arts & Athletics Center
Level 1
1. Field House
2. Hastings Room
3. Music Wing
4. McEvoy Theater
Level 2
1. Frederick Smith Gym</p> | <p>Berry Hall
Admission*
Alumni & Development
Business Office
Communications
Head of School
Technology</p> <p>Health Center
Counseling</p> <p>Jacobson Arena</p> | <p>Meservey Hall
Academic Support
Dean of Faculty</p> <p>Moore Center
Campus Store
Crum Student Center
Gallely Gallery
McEvoy Theater
School Life
Post Office
Snack Bar
Visual Arts</p> | <p>Pilalas Center
Director of Studies
Registrar</p> |
|---|--|---|---|--|

the field.

[Click here](#) or the map above to view the campus map and take a virtual tour of the facility.

WHAT TO BRING

Below is a basic list of items that campers should bring to enhance their residential experience. Each camper may need different or additional items based on their special needs or preferences. Every residential hall includes a refrigerator, microwave and water bubbler.

Campers are encouraged to minimize the number of bags that you bring to camp to help with the ease and efficiency of move-in and check-out.

- All personal toiletry items (shampoo, conditioner, deodorant, soap, razor, hairbrush, elastics, etc.)
- Soccer shorts and t-shirts (5 days worth)
- Soccer Cleats (playing surface is field turf and natural turf).
- Bedding (sheets, etc.) for a twin size bed (extra long sheets are not necessary)
- Blanket or sleeping bag
- Beach/Bath Towels
- Pillow
- Refillable water bottle REQUIRED.
- Sunscreen
- Sweatshirts/pants if cooler weather forecast
- Swim suit
- Rain jacket if rain forecast
- Sneakers/Trainers
- Soccer socks
- Undergarments
- Goalie Gloves (for keepers)
- Shin guards
- Soccer ball
- Comfortable clothes for in between sessions/night
- Pajamas
- Flip flops for showers
- Small fan
- Alarm clock
- Backpack or boot bag
- Snacks (that can be stored in each dorm rooms)
- Cell phone charger

COVID-19 SAFETY POLICIES & PROCEDURES

The practices and policies outlined below will be in place during the summer 2021 and are based on the most recent recommendations.

Before Camp Starts

In the 14 days prior to camp arrival, campers should reduce risks of exposure to the virus that causes Covid-19 by following the current CDC guidelines on how to protect yourself and others and camp parents will monitor their camper for Covid-19 symptoms DAILY and seek medical attention as necessary.

IMPORTANT: Covid-19 symptoms can overlap with symptoms of seasonal allergies or asthma and the presence of these shared symptoms may prompt quarantine and testing before or during camp. Therefore, we strongly recommend that campers with known allergies or asthma use preventative medications prior to camp arrival and during camp.

Campers should not arrive to camp with Covid-19 symptoms. If this is the case, the camper is required to arrive with official documentation from their health care provider confirming the health condition and that the camper is cleared to attend camp.

All campers must do one of the following before camp arrival: 1) be fully vaccinated, OR 2) receive a negative PCR molecular test result (not an antigen test result) administered within 72 hours of camp arrival. Make a plan now on how to schedule a PCR test in the 72 hours (about 3 days) prior to camp arrival.

Campers are considered fully vaccinated for Covid-19 ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen).

Proof of vaccination or PCR test result is REQUIRED upon camp arrival.

Non-vaccinated campers that have had a positive test in the 90 days prior to camp arrival and that have met the criteria to end isolation, are not required to take a PCR test, but are required to provide documentation of the positive test results and a letter from their healthcare provider that states the camper is cleared to end isolation and are cleared for camp. The positive test result and letter together are referred to as “documentation of recovery.”

Non-vaccinated campers who have been in close contact with someone who has COVID-19 within 10 days of camp arrival should not travel to camp. Vaccinated campers who have been in close contact with someone who has COVID-19 within 10 days of camp arrival may travel to camp with proof of vaccination as long as they have no symptoms.

Upon arrival, our staff will conduct a Covid-19 specific health screening which will include collection and verification of a negative PCR molecular test result (or proof of vaccination) and screening questions that include asking questions about how campers are feeling and recent contact with

anyone who is known or suspected to have Covid-19. Once a camper passes the Covid-19 specific health screening, they are approved to join the camp.

During camp, we will be following health, hygiene and wellness best practices based on guidance from Centers for Disease Control and Prevention (CDC), local health officials and the New Hampton School which includes good hygiene, sanitizing, etc.

If a camper begins to show signs of Covid-19 or it is determined that the camper is unwell and not able to continue with camp activities they will be required to return home immediately.

REQUIRED FORMS

In addition to the Covid-19 requirements, campers will be required to complete the Health & Medical Forms (see attached). The form must be completed and submitted to our staff via email at support@skillzcheck.com prior to arrival at camp. The required forms include the following:

Completed Health Packet

Physical and Immunization Record

Allergy, Asthma or Diabetes Plan

Residential Camp Agreement of Terms

Audio/Visual Image Release

Acknowledge of Risk & Assumption of Personal Responsibility

FOOD & BEVERAGE

Each day, campers eat in the dining hall for all-you-can-eat dining. All meals are included beginning with lunch on the Sunday of our arrival. The New Hampton staff will be on hand to provide nutritious, healthy and quality food service to serve each camper's individual needs (including allergies). Salads and sandwiches are available during lunch and dinner to provide additional options to their daily entrees and sides. A variety of juices, water and milk are available with every meal.

If your child has a food allergy or sensitivity, we will put you in contact with Tom Faba, Director of Food Services, and you can discuss the menu provided in the Dining Hall. The New Hampton dining hall is a NUT-FREE environment. However, the campus is NOT a NUT-FREE environment.

Campers are encouraged to bring their favorite NUT-FREE snacks with them. They will also have the ability to purchase snacks during camp. Campers can plan to bring a small amount of money if they would like to consider purchasing snacks.

CAMPUS SAFETY

The New Hampton School is a residential private boarding school that is a leader in campus security and safety. Members of the full-time staff of New Hampton School reside year round on campus so there is a true family and community feel while on campus.

The school employs a Director of Campus Safety to oversee the day-to-day safety of the community. In addition, the Campus Safety Director oversees a team of night security personnel to provide overnight coverage 365 days a year, as well as working with local emergency services to provide the school community with a multi-layered safety program. Every camper will be assigned to a Skillz Check coach who will be responsible for a small group of campers from arrival to departure. Our coaches will also reside in the dormitories, so there is 24-hour oversight of all campers.

ATHLETIC TRAINER & MEDICAL SUPPORT

We will have a certified medical trainer on site at camp, who will be responsible for the health and safety of our campers and coaches. The trainer will be the point person for all issues related to health and injuries. They will also be our liaison with local health officials and hospitals in the event of an emergency situation.

If an emergency occurs or a camper sustains any type of serious injury or illness, the parents/guardians and/or emergency contacts will be contacted immediately.

SKILLZ CHECK COACHES

Our coaching staff includes professional coaches who have experience operating and running soccer camps, both day and residential. The majority of our coaches have been a part of Skillz Check residential camp since its inception. Our players will recognize our coaches from previous camps and clinics. All coaches will be overseen by Mo Keita. We will also have a designated camp director on site who will also serve as the resident Covid-19 safety and health officer. That individual will be a point person for all issues related to camper wellness and safety and will work directly with the on-site trainer/medical professional and school officials.

FREQUENTLY ASKED QUESTIONS

Do the rooms have air conditioning?

No. All campers should plan to bring a small portable fan with them.

What type of non soccer activities will the campers do while there?

In addition to the on-field work, campers will also enjoy the off-field experience and camaraderie that includes.

- Karaoke every night
- Game room / Arcade
- Soccer Movies
- Swimming after every session (optional)
- Talent Show
- Soccer Tennis Tournament
- World Cup Tournament

Are masks required?

Staff and campers who are fully vaccinated do not need to wear masks at camp, except where required by federal, state, local, tribal, or territorial laws, rules and regulations, including local business and workplace guidance.

In general, people do not need to wear masks when outdoors. Mask use indoors is still encouraged but not required by the CDC for people who are not fully vaccinated. Our camp will be supportive of staff or campers who choose to continue to wear a mask.

How are roommates assigned?

Roommate requests are accepted and encouraged. We will do our best to keep requested roommates in the same or adjoining rooms for groups. If you have not yet sent us your roommate request, please do so ASAP by emailing us at support@skillzcheck.com. If you do not have a request, we aim to room like birth years and keep roommates on the same camp team.

Can you accommodate food allergies or medical conditions?

Both food allergies and certain medical conditions can be accommodated. The New Hampton dining hall offers year-round options for common food allergies such as nuts, dairy and gluten. Certain medical conditions such as diabetes are routinely accommodated each year by our experienced health care staff. Please contact us to further discuss.

What happens if my child is injured or sick during camp?

A certified trainer will be present throughout the duration of camp and will be prepared to deal with any emergencies that should arise. Parents will be contacted in the event of an emergency.

What is your refund policy?

For cancellations received in writing 14 days prior to the camp start date, a full refund will be issued. Anyone cancelling after the 14-day window a full refund will be issued minus \$150.00 non-refundable deposit

What happens if it rains?

Our camp curriculum includes a mix of indoor and outdoor training with the majority of training occurring outdoors on the expansive grass and turf fields. If there is inclement weather which does not allow us to train outdoors, we will utilize the field house and gym facilities.

My child is a goalkeeper. Will you have specialized training for them?

A goalkeeper coach will be on staff and will work directly with goalkeepers to provide specialized training.

Can the parents come back to the dorms with participants during the camp?

Due to Covid-19 policies, parents are not allowed in the residential dormitories.

What is the Tax ID #?

The EIN # for Skillz Check Soccer Academy is as follows: 472053547

The associated address is as follows:

P.O. Box 7004
Nashua, NH 03060

DAILY SCHEDULE - August 1 (Sunday)

10:00 a.m. - 12:00 p.m.

Registration & Residential Check In

5:00 p.m. - 6:00 p.m.

Dinner & Rest Period

11:45 a.m. - 12:30 p.m.

Parent Tour

6:30 p.m. - 7:45 p.m.

Match & Games

1:30 p.m. - 2:00 p.m.

Camper Tour

8:15 p.m. - 10:15 p.m.

Night Activities (theater)

2:15 p.m. - 4:30 p.m.

Group Training Session

10:30 p.m.

Lights Out

5:00 p.m.

Day Campers Depart

DAILY SCHEDULE - August 2-4 (Monday - Wednesday)

6:45 a.m. - 7:15 p.m.

Soccer Aerobics

7:30 a.m. - 8:30 a.m.

Breakfast

9:00 a.m. - 11:45 a.m.

Skills/Group Sessions

12:00 p.m. - 2:00 p.m.

Lunch & Rest Period

2:15 p.m. - 4:30 p.m.

Group Session

5:00 p.m.

Day Campers Depart

5:00 p.m. - 6:00 p.m.

Dinner & Rest Period

6:30 p.m. - 7:45 p.m.

Match & Games

8:15 p.m. - 10:15 p.m.

Night Activities

10:45 p.m.

Lights Out

DAILY SCHEDULE - August 5 (Thursday)

6:45 a.m. - 7:15 p.m.

Soccer Aerobics

7:30 a.m. - 8:30 a.m.

Breakfast

9:00 a.m. - 11:45 a.m.

Skills/Group Sessions

12:00 p.m. - 2:00 p.m.

Lunch & Rest Period

2:00 p.m. - 3:00 p.m.

Final Scrimmage

3:00 p.m.

Check Out & Key Return

